



7 Ways to Show Hubby You Love Him

1. Send your husband a sexy invitation. Write a note like, "You're invited to a special time of romance for the best husband in the whole world. Come to bed a little early, 7 pm on Sunday night."

2. Give your husband love coupons. One coupon could say, "Good for a massage." Another could say, "You pick the outfit tonight."

3. Have a dinner date where sex is the main topic. Ask your husband if he feels sexually fulfilled. Don't be defensive. Be prepared to listen and learn. Ask what he likes and what he doesn't like in bed. Your interest in his sexual well being will speak volumes.

4. Join him with his chores. If he's mowing the lawn, get outside and pull a few weeds alongside him. He'll be shocked! If he's fixing something in the house, ask if you can do anything for him or just hang out to talk while he's working.

5. Pick an enjoyable mutual activity and put it on the calendar. It could be biking, hiking, walking along the beach, golfing, going to the gym, playing chess, or going to a baseball game.

6. Wear clothes and makeup you know your man finds attractive. Make a mental note when your husband compliments your clothes or says you look pretty. Remember his favorite outfits and makeup/hair looks.

7. Serve a favorite meal. At the end of a long day at work, the smell of his favorite meal will bless your man. (I did say *serve* on purpose so you can choose if you cook it or order it!)

Today's Action Step: What are you going to do for your hubby this week? Put it in your calendar and have fun!

Arlene Pellicane is a speaker and author of [31 Days to a Younger You: No Surgery, No Diets, No Kidding](#). She lives in San Diego, CA with her husband James and three kids. Watch for her next book *31 Days to a Happy Husband* (summer 2012). Visit Arlene at www.ArlenePellicane.com