

# The ABCs of Being Irresistible in Your Husband's Eyes

## A-G

**A – Affirm him.** A man wants to be around a woman who makes him feel like he's winning. Let your husband know he's a great provider, he is super with the kids, he can still get your heart racingó whatever it is that you can compliment him on.

**B – Be a mystery.** Does your husband know everything there is to know about you? If so, develop a new skill or idea or come up with a secret he's dying to discover. When you become a mystery to your husband there are things about you that he still wants to know, things you're thinking that he'd like for you to divulge, secrets in your soul that he'd be challenged to draw out. You don't give him a chance if you tell him *everything*.

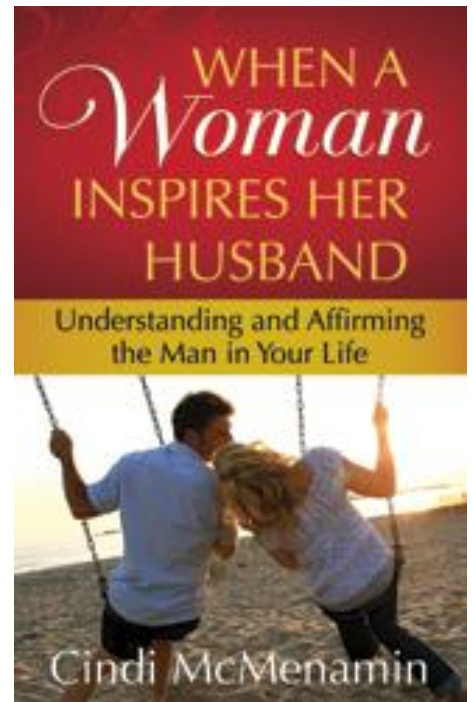
**C – Cultivate your relationship with Christ.** What makes you truly attractive, and one worth pursuing? The beauty of Christ in you. When you have an intimate devotional life with Christ, and are controlled by His Spirit, your life will produce the fruits of His Spirit from Galatians 5:22-23. What man doesn't want to chase after a woman who is truly loving, joyful, peaceful, patient, kind, good, faithful, gentle, and ó they love this one the best ó self-controlled!

**D – Dress for him.** Some women don't think much about what they wear, with the excuse that they're just not into the ólatestö fashion. Or, they will dress nice when they go to church, or out with girlfriends, but not put much effort into how they look for ójust my husband.ö But men *can* recognize ófrumpyö even if we can't. And dress for him at night, too. Your husband might be majorly turned off by a ógrandmaö night gown that resembles something his mother used to wear! So, it may be time to invest in some new lingerie or just something pretty and feminine.

**E – Exude confidence.** He once found it attractive in you. He still does. So, regardless of how you might feel about your weight, body shape, big knees, small chest, cellulite, veins or *whatever*, get over it. He has. Honestly, he doesn't see all the body flaws you think are so very obvious. Men are far less critical of us than we are of ourselves!

**F – Flirt with him.** If he loved it back then, he'd still love it todayí maybe even more. Flirting can be sending a text message or leaving a voice mail telling him he's on your mind. Think: what did I do back when we dated? And that will help with your flirt factor.

**G- Give him the best of you.** We tend to give the best of ourselves to our jobs, or our children, or our homes. And our husbands tend to get the leftovers ó of our time, energy and even, our looks. I know many women who enjoy remodeling their homes. But what about remodeling ourselves now and then? The Bible says our bodies are the temple of God. So how long has it been since the temple's been remodeled? Do what you can to keep your body in shape, healthy, and holy for the Lord and for your husband, too. The Bible tells us that we are not only the temple of God, but we belong to our husbands. So we take care of ourselves for *them*, too.



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## H-Q

**H – Have a positive attitude.** Can your husband always count on a smile or a kind word? Or does he enter the house walking on eggshells, and unsure of what kind of mood you'll be in? Positive people are enjoyable to be around. If you're pleasant, he'll generally want to be in your company.

**I – Initiate.** I can't say enough here. Initiate a hug. Initiate a kind word or compliment. Initiate lovemaking. Chances are your husband dreams of the "wild woman" within you. Let your inner tigress come out now and then and show him he's still the one.

**J – Join him in something he enjoys.** My friend, Michelle, told me she adopted her husband's interest in working out. And by doing so, she was able to accomplish *every one* of the ABCs listed thus far!

**K – Kiss him with passion.** Not just a peck on the cheek, like you'd do to your child. But really kiss him. Studies show that couples who kiss each other daily enjoy a higher satisfaction rate in marriage than those who don't. So take the initiative and kiss him like you mean it. Then see what happens.

**L – Leave the lights on.** Need I say more? As a man, your husband is visually wired. And it's believed men see in soft focus anyway, meaning your man is not nearly as critical of your body as *you* are. Make the most of what you have to offer him and trust he'll appreciate it.

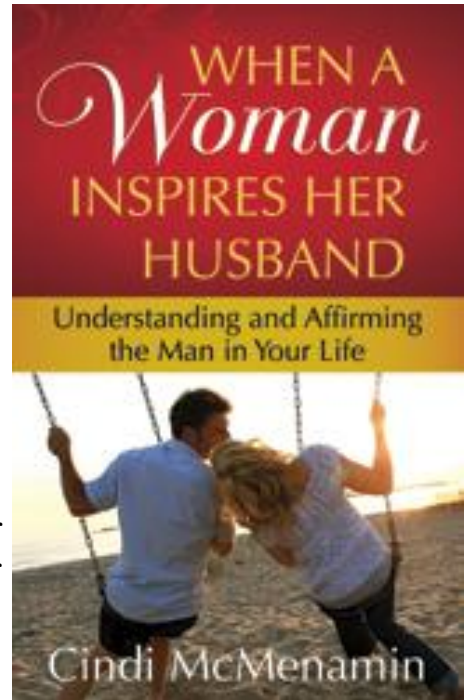
**M – Make his favorite meal or dessert.** The best way to your man's heart may still be through his stomach. So let him know you care and whip up what he loves to eat. Food is still good foreplay when it comes to men.

**N – Notice the little things.** When you notice things about your husband it says to him that you're aware of him, appreciating him, and to convey this one, too to admiring him. Make your observation into a compliment not a complaint. (In other words, don't notice that his shirt is wrinkled or he's wearing athletic socks with casual shoes. Notice that he still looks nice when he dresses up or doesn't.)

**O – Offer to do *one* thing that will make his day go smoother.** You might be surprised at how simple his one request is to pick up his suit at the drycleaners, pack him a lunch, pray for him during a crucial meeting? Just offering to do something for him will show him your heart is tuned toward his needs.

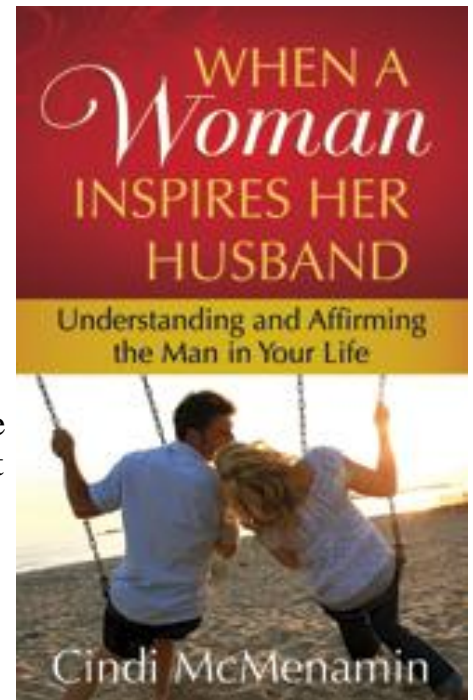
**P- Plan a surprise for him.** Men are, at times, like little boys. They love surprises and spontaneity if at the appropriate time. Find out what he's been missing and bring it back whether it's a hairstyle on your head or a favorite place to eat.

**Q – Quit directing, correcting, and controlling.** (That one came from my husband and I tried not to take it personally!) Let him lead. It will show him that you *do* believe in him and his ability to handle a situation.



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## R-Z



**R – Respect who he is and what he does.** He needs that from you more than you realize.

**S – Spontaneity.** Be unpredictable, but in a good way. Suggest you eat somewhere you never have. Wear a color you never have before. Go outside your comfort zone and take a risk with him. It will make him feel like he has a brand new wife, especially if you've been mothering him more than dating him lately.

**T – Text him endearing messages** like "You're still the one," "I'm a lucky woman to have you" and "You still take my breath away." Chances are, he may begin to text some of those messages back.

**U – Use a soft voice with him.** Few men are attracted to loud and boisterous. Talking softly conveys femininity.

**V – Visibility.** See "L- Leave the lights on." It's *that* important to him, which is why I'm mentioning it *ó* twice!

**W – Watch his favorite movie or show with him.** Even if you can't stomach sports or another episode of "Man vs. Food," if he loves it, watch it with him. And try to enjoy it *ó* for his sake.

**X – Exercise** (ok I cheated on the spelling here! but how many words start with X?) Exercise will improve your mood and overall health, which will, in turn, make you more enjoyable to be around. Even better, exercise along with him, if it's possible.

**Y – "Yes" – say it often.** It may be his favorite word from you. "Yes, we can invite your friends over for the game." "Yes, I'll try that new type of food with you." "Yes, I'll wear that just for you." Think: "Your will, not mine." Self sacrifice goes a *long* way in marriage.

**Z – Zealously pursue Christ and your husband.** As you look to God first as your Heavenly Husband (Isaiah 54:5), your earthly husband can't help but notice Christ-like character in you! the essence of true beauty. And when you pursue your husband, you are affirming to him that he is worth the pursuit.



Cindi McMenamin is a national speaker and the author of several books including *Women on the Edge*, *When Couples Walk Together*, (co-authored with her husband, Hugh), and *When a Woman Inspires Her Husband*, from which this article is excerpted. For more free resources to strengthen your soul or your marriage, see her website: [www.StrengthForTheSoul.com](http://www.StrengthForTheSoul.com).