



SHAKE OFF THE ASHES

Guide Dog Wisdom from Roselle,
an American Hero of 9-11

Faith is taking the first step even when you don't see the whole staircase.
(Martin Luther King, Jr.)

1. **There's a time to work and a time to play.** Know the difference. When the harness goes on, it's time to work. Work hard; others are depending on you. But when it's time to play, live in the moment and embrace joy and friendship.
2. **Sometimes the way is hard, but if you work together, someone will pass along a water bottle just when you need it.** And don't stop until work is over. Sometimes being a hero is just doing your job.
3. **Always, but always, kiss firefighters.** Allow yourself to express appreciation and show affection to your friends. Life is uncertain. Give away love!
4. **The dust cloud won't last forever.** Stay together, keep going and look for the way out. It will come. God WILL provide a way.
5. **Together, shake off the ashes and move on.** Keep going, even though it's dark and you are tired. Remember the first guide dog command? "Forward."
6. **When work is over, play hard with your friends.** And don't forget to share your Booda Bone.



"Two are better than one,
because they have a good return for their labor:
If either of them falls down,
one can help the other up.
But pity anyone who falls
and has no one to help them up."
(Ecclesiastes 4:9-10)

Susy Flory is a writer, speaker, and journalist who inspires and challenges people to embrace a life of passion, boldness, and adventure. The author of four books, including *Thunder Dog: The True Story of a Blind Man, His Guide Dog, and the Triumph of Trust at Ground Zero* (Thomas Nelson, 2011), Susy lives in the San Francisco Bay Area with her husband and two kids. Visit Susy at www.susyflory.com.