



## 5 FRIENDS EVERY WOMAN SHOULD HAVE

“There are four basic food groups: milk chocolate, dark chocolate, white chocolate, and chocolate truffles.” *(Anonymous)*

Just like there are different types of chocolate, there are different types of friends. Here are five friends every woman should have.

### 1. **The uplifter.**

This woman's favorite word: YES!! You could tell her you're trading your six-figure income for a career in offtrack betting, and she'd barely pause before yelping, “Go for it!” Don't you need someone who looks past the spit-up stains, or smile lines and gray hair, to notice the extraordinarily gorgeous you? This friend is your cheerleader.

### 2. **The travel buddy.**

When the hotel at the beach is a bust, one characteristic becomes all-important: flexibility. This agreeable companion need not be the girl you traded pinkie swears with on the playground; it's enough that she's comfortable with quiet (between gabfests) and is a teensy bit mischievous (as in running out for ice cream in your pajamas). Road trip, anyone?

### 3. **The truth teller.**

Everyone needs a wise and articulate friend who is not afraid to tell it like it is. Once you've established that the hard news is spoken in love, not jealousy or malice, you'd be smart to seek out this woman's perspective.

### 4. **The girl who just wants to have fun.**

This partnership is about spontaneous good times. When you are down and depleted, this friend will whisk you away to a movie date to see a light and frothy romantic comedy with plenty of popcorn and M&M's. She lightens the mood wherever she goes, even if she does laugh out loud in the theater!

### 5. **The unlikely friend.**

“Each friend represents a world in us, a world possibly not born until they arrive,” a wise woman once said. Some friends are twice my age, others half; some rich, others homeless; some white, others brown or golden. But each has added the incredible richness to my friendships that only variety can bring.

“Are you upset little friend? Have you been lying awake worrying? Well, don't worry ... I'm here. The flood waters will recede, the famine will end, the sun will shine tomorrow, and I will always be here to take care of you.” *(Charlie Brown to Snoopy)*

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